



Tuolumne rhymes with “Follow Me” and is known for its three distinct regions: Yosemite, Gold Country, and the High Sierra. Tuolumne County, California is a four-season destination where you can enjoy hiking and boating in the summer, festivals and leaves changing color in the fall, skiing and snowshoeing in the winter, wildflowers and waterfalls in the spring. Take a road trip on one of the historic highways to see all the natural beauty Tuolumne County has to offer. Follow Visit Tuolumne County on social media to get inspired before your trip. We look forward to your visit!

### **Recharge in the Sierra: A Wellness Escape**

*Escape to the peace and quiet of the Sierra Nevada, where you can indulge in soothing spa treatments, unwind in nature, and reconnect with yourself in a calming mountain setting. It's the perfect way to slow down, breathe deep, and feel truly refreshed.*

#### **Day 1: Part Day**

Approximate Arrival Time 3:00 p.m.

**Lodging:** [Rush Creek Lodge and Spa](#)

- Address: 34001 CA- 120 Groveland 95321
- Contact Info: 209-379-2373

#### **Afternoon**

Check- in

- ❖ Make a Reservation at Rush Creek Restaurant for Dinner Day 1 and Dinner Day 2.
- ❖ Make a Spa Reservation for Day 2.
- ❖ Make a Stargazing Reservation for Day 2

Enjoy the Rush Creek Pool & Hot Tub

## **Evening**

Dinner at Rush Creek Restaurant

Enjoy Complimentary S'mores at Outside Firepits

Play Games Provided in Room or Read

## **Day 2: Full Day**

### **Morning**

Breakfast at Rush Creek Restaurant & Grab Trail Lunches for Later

Depart for [Hetch Hetchy Reservoir](#)

Explore Hetch Hetchy Reservoir (38 Minute Drive)



*Hetch Hetchy Reservoir is a hidden gem in Yosemite's northwest corner, featuring dramatic granite cliffs, stunning waterfalls, and scenic trails- perfect for hikers, nature lovers, and those seeking a quieter Yosemite experience.*

- Address: Hetch Hetchy Reservoir, Groveland, CA 95321
- Have proper hiking attire, snacks, plenty of water and sunscreen
- Entrance fee required, no reservations required

### **Afternoon**

Picnic Lunch at Hetch Hetchy Reservoir or head to Evergreen Lodge Tavern for a great meal in a fun, laid back atmosphere as you make your way back to Rush Creek.

Back to Rush Creek Lodge & Spa (33 Minute Drive)

Rush Creek Day Spa (3.5 Hour Experience)

- ❖ Bring Spa-Wear (Swimsuit, Swim Trunks, etc.)



## **Evening**

Dinner & Mocktails (or cocktails!) at Rush Creek Restaurant

Enjoy Rush Creek's Indoor Game Room

Stargazing and s'mores at Rush Creek

### Day 3: Part Day

#### Morning

Take an early morning hike on one of the great trails behind Rush Creek. Pick the trail that best suits your ability or energy level.

Check-Out of Rush Creek Lodge & Spa

Depart for Groveland, CA

Breakfast, Coffee and Relax at [Mountain Sage Coffee & Nursery](#) in their Beautiful Garden Area (29 Minute Drive)

- Address: 18653 Main St. Groveland, CA 95321
- Contact Info: 209-962-4686

Explore Downtown Groveland, CA (1 Minute Drive)

#### Afternoon

Lunch at [The Grill at Pine Mountain Lake](#) (5 Minute Drive)

- Address: 12765 Mueller Dr, Groveland, CA 95321
- Contact Info: 209-962-6744

Head home! Thank you for choosing Tuolumne County to relax and recharge!

*More info and add-ons:*

*Tuolumne County is home to several [Blue Zones](#) stores and restaurants including:*

- [Columbia Mercantile 1855 at Columbia State Historic Park](#)
- [Nature's Whole Food Depot in Standard](#)
- *Black Bomb Entertainment, Sonora*
- *Claudia's Café at the Health Pavilion at Adventist Health Sonora*
- *Schnoogs, Sonora*
- *Schnoogs Station, Standard*
- [The Armory, Sonora](#)
- [The Sugar Shack, Sugar Pine](#)
- *Yianni's Grill, Sonora*



*Heading to Sonora? Check out Amala Detox and Tea Lounge located at 31 S. Washington Steet in downtown Sonora. Call ahead (209-694-7241) or just stop in for a detoxifying foot soak and calming cup of tea.*

**Learn More About Tuolumne County**

**VisitTuolumne.com**



**Facebook: @TuolumneCounty**

**Instagram: @TravelTuolumneCounty**

**TikTok: @VisitTuolumneCounty**